



"My name is Cyrille, I am 41 and a happy father of 2 daughters. During 16 years I was a trainer for Procter & Gamble and Patek Philippe companies. In 2020, I started working with schools because I strongly believe that education is the Key.

I then founded "Les Pépites®" to help children to think/reason for themselves and to improve their self-knowledge.

My commitment: share this approach to as many children as possible!"

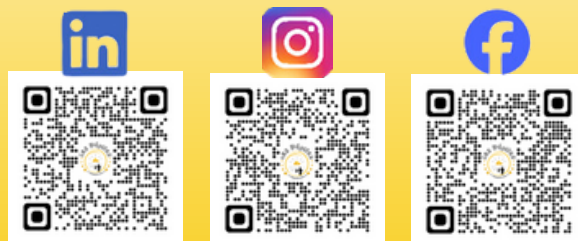
*Cyrille Baudé
Founder & senior trainer*



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FOLLOW US!



LES-PEPITES.CH | IDE : CHE-477.175.866

2024 - 2025



PHILOSOPHY & EMOTIONS

**FOR PRIVATE SCHOOLS:
bilingual workshops,
trainings & conferences.**

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WORKSHOPS:

PHILOSOPHY



for children:
4 to 15 years

Philosophise means: debating, thinking together, questioning, listening to each other...

We build an environment of trust and confidence, where everyone's opinion is considered.

Because together, we think better!

Examples of topics: happiness, citizenship, growing, friendship, differences, strengths, freedom...

EMOTIONS



Emotions are part of life, they come and go, like clouds in the sky...

This program helps children learn to manage their emotions in an enjoyable manner, using mindfulness techniques they can incorporate into their daily life.

Charlie the Frog King guides us in recognizing, expressing, and accepting our emotions.

it helps you understand yourself better and build selfconfidence.

TRAININGS:

for teachers



Trainings for teachers to autonomously reapply philosophy / mindfulness at school, by using collective intelligence approach, workshops, practical exercises, role-playing...

CONFERENCES:

for everyone



"Philocoffee" conferences to discuss our challenges: as parents, children and education in our daily life. Topics: what does harassment mean, how to prevent it? How to improve attention in our society, full of screens and distractions...

They trust us :

